



## Participant Information

Name \_\_\_\_\_ Treatment Start Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home/Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Birth date \_\_\_\_\_ Age \_\_\_\_\_ SSN \_\_\_\_\_ Marital Status \_\_\_\_\_

Primary Insurance Provider \_\_\_\_\_ Insurance ID # \_\_\_\_\_

Primary Insured Name \_\_\_\_\_ Primary Insured DOB \_\_\_\_\_

Primary Insured SSN \_\_\_\_\_ Secondary Insurance Provider \_\_\_\_\_

Secondary Insurance ID # \_\_\_\_\_ Secondary Insured Name \_\_\_\_\_

Secondary Insured DOB \_\_\_\_\_ Secondary Insured SSN \_\_\_\_\_

Are you presently under a physician's care? YES NO

If yes, for what? \_\_\_\_\_

Physician's name \_\_\_\_\_ Psychiatrist's name \_\_\_\_\_

Were you referred to this agency? YES NO

If yes, by whom \_\_\_\_\_

Do you have a Psychiatric Advance Directive (PAD)? YES NO

If yes would you be willing to provide us a copy for your record? YES NO

If No, would you like us to provide you information on a PAD? YES NO

Medication (s) and dosage (current) \_\_\_\_\_

Have you received prior counseling? YES NO

If yes, was it: OUTPATIENT INPATIENT

When \_\_\_\_\_ Where \_\_\_\_\_

By whom \_\_\_\_\_ Length of treatment \_\_\_\_\_

Problem(s) treated \_\_\_\_\_

Outcome:  Very Successful  Somewhat Successful  Stayed the same  Somewhat Worse  Much Worse

Form Completed By: \_\_\_\_\_

### Emergency Contact:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Home/Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

*Please see back*



Please check any of reasons listed below which resulted in you seeking services

- |  |   |
|--|---|
| <input type="radio"/> Depression                 | <input type="radio"/> Alcohol or substance use      |
| <input type="radio"/> Anxiety                    | <input type="radio"/> Difficulty with loss or death |
| <input type="radio"/> Issues w/partner           | <input type="radio"/> Problems at school/work       |
| <input type="radio"/> Communication Difficulties | <input type="radio"/> Issues w/Family               |
| <input type="radio"/> Relationship enhancement   | <input type="radio"/> Trauma/Abuse                  |
| <input type="radio"/> Parent/Child conflict      | <input type="radio"/> Child Behavior/Acting Out     |
| <input type="radio"/> Identity issues            | <input type="radio"/> Divorce                       |
| <input type="radio"/> Court-ordered for: _____   | <input type="radio"/> Legal problems                |
| <input type="radio"/> Gambling                   | <input type="radio"/> Parenting                     |
| <input type="radio"/> Personal Growth            | <input type="radio"/> Skills Acquisition            |
| <input type="radio"/> Medical: _____             | <input type="radio"/> Other: _____                  |

As you think about the primary reason that brings you here, how would you rate its frequency and your over-all level of concern at this point in time (note: a problem may occur rarely but be of serious concern, or occur frequently, but be of little concern)?

- |  |  |
|--|--|
| <b>Concern</b>                             | <b>Frequency</b>                           |
| <input type="radio"/> No concern           | <input type="radio"/> No occurrence        |
| <input type="radio"/> Little concern       | <input type="radio"/> Occurs rarely        |
| <input type="radio"/> Moderate concern     | <input type="radio"/> Occurs sometimes     |
| <input type="radio"/> Serious concern      | <input type="radio"/> Occurs frequently    |
| <input type="radio"/> Very serious concern | <input type="radio"/> Occurs nearly always |

On a scale of 0 to 10, how **IMPORTANT** is it for you right now to change?

Not confident at all 0 1 2 3 4 5 6 7 8 9 10 Extremely Confident

On a scale of 0 to 10, how **CONFIDENT** are you that you could make this change?

Not confident at all 0 1 2 3 4 5 6 7 8 9 10 Extremely Confident

On a scale of 0 to 10, how **READY** are you to make this change?

Not confident at all 0 1 2 3 4 5 6 7 8 9 10 Extremely Confident

*This form has been completed to the best of my abilities and I attest that the information contained herein is accurate.*

**X**

\_\_\_\_\_  
Client/Parent/Guardian Signature

\_\_\_\_\_  
Date



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Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Primary Insured Name: \_\_\_\_\_ Primary Insured DOB: \_\_\_\_\_

Primary Insured SSN: \_\_\_\_\_ Secondary Insurance Provider \_\_\_\_\_

Secondary Insurance ID # \_\_\_\_\_ Secondary Insured Name \_\_\_\_\_

Secondary Insured DOB \_\_\_\_\_ Secondary Insured SSN \_\_\_\_\_

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On a scale of 0 to 10, how **READY** are you to make this change?

Not confident at all 0 1 2 3 4 5 6 7 8 9 10 Extremely Confident

*This form has been completed to the best of my abilities and I attest that the information contained herein is accurate.*

**X**

\_\_\_\_\_  
Client/Parent/Guardian Signature

\_\_\_\_\_  
Date



## Informed Consent – Couples

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We hereby request that

\_\_\_\_\_ (DOB \_\_\_\_\_) and \_\_\_\_\_ (DOB \_\_\_\_\_)  
(Patient Name) (Patient Name)

be accepted for mental health treatment as described to us.

1. We give our authorization and consent to receive outpatient diagnostic and treatment services from The Family Connection, LLC.
2. We have received and understand My Rights and Responsibilities as a Family Connection, LLC patient regarding treatment and agree to these statements.
3. We have been given the Notice of Privacy Practices of The Family Connection, LLC which describes how medical information about our information may be used and disclosed and how we can get access to this information.
4. We have been given The Family Connection’s Social Media policy which describes how The Family Connection LLC and its employees conduct ourselves on the Internet as mental health professionals and how you can expect us to respond to various interactions that may occur between us on the Internet.
5. We have signed and understand the specific constraints of participating in couples/family counseling and are in agreement with its limitations.
6. We understand that confidentiality is extended to the entire unit, as the couple unit is the Identified Patient. We understand that records will not be released unless the entire unit consents as privilege for confidentiality is held by the unit, not individuals within the unit.
7. We understand that we have a right to have our information kept confidential. This information will remain confidential unless certain criteria are met; everyone in the couple unit provides written consent to disclose specific information, if anyone in the couple unit is in imminent danger to self or others or if anyone in the couple unit discloses abuse (physical, sexual, etc. or neglect) that The Family Connection, LLC is required by law to report or if the court requires specific information.
8. We have read and understand the limitations of confidentiality in couples counseling as outlined in the Couple/Family Counseling Policy and are in agreement with the “no secrets” policy.
9. We acknowledge that The Family Connection LLC conducts on-going in-house training and that details of our case, without identification of the patient, may be discussed to improve treatment during clinical supervision.
10. We have been given information regarding the cost of services from The Family Connection, LLC. We understand that we may be responsible to pay a co-pay and that it is payable each time I receive treatment and that it is our responsibility to work with our insurance company regarding disputes. We also acknowledge that we are responsible for any fees not covered by the insurance company.



11. We have signed and understand the specific constraints of participating in couples/family counseling and are in agreement with its limitations.
12. We understand that we may address any concerns or grievances with my therapist or any other representative of The Family Connection, LLC at any time. We understand that we may also contact the licensing board which regulates my therapist's professional practice.
12. We are freely choosing to enter into treatment, and we understand that we may discontinue treatment at any time.
13. We have been given information about the advantages and disadvantages of the treatment recommended, as well as other alternatives. As with any effort to create lasting change, counseling requires time, energy and commitment. Counseling can feel frustrating because we cannot control the pace of change. On the path toward healing, clients may experience an increase in painful feelings; this is a normal part of the process.
14. We authorize the release of any medical or other information necessary to process claims. We also request payment of governmental benefits to The Family Connection, LLC. We recognize that we will bill under the insurance (as applicable) of the person the unit identifies in the referral as the person whom they chose to access their insurance benefits. We understand that all documentation will be under the identified insured person's name, but confidentiality will remain as the entire unit. We authorize payment of medical benefits to The Family Connection, LLC for treatment services.
15. We understand that we may be assessed the full session fee for all/any appointment cancelled without 24-hour notice. We understand that, unless previously outlined by our therapist, all participants in the couple's family counseling must be present or the session may be cancelled, and the full session fee assessed.
16. We understand that the role of the therapy is treatment and it is policy of The Family Connection, LLC not to testify or otherwise participate in any legal proceeding unless legally compelled to do so. We agree not to involve The Family Connection LLC in any legal disputes, especially a dispute concerning custody or custody arrangements (visitation, etc.). We acknowledge that if The Family Connection, LLC or any of its staff is subpoenaed regarding our care that we will be financially responsible for all costs associated as outlined on the Client Financial Agreement per hour for time spent traveling, preparing reports, testifying, being in attendance, and any other case-related costs.

The signatures below reflect that we agree to the terms set forth above.

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Signature of Patient & Date

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Signature of Patient & Date



## Couple/Family Policy

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This statement of policy is intended to inform you, the participants in therapy, that when The Family Connection, LLC agrees to treat a couple or a family, we consider that couple or family (the treatment unit) to be the client. For instance, if there is a request for the treatment records of the couple or the family, we will seek the authorization of all members of the treatment unit before we release confidential information to third parties. Also, if our records are subpoenaed, we will assert the psychotherapist-patient privilege on behalf of the client (treatment unit).

During the course of our work with a couple or a family, we may see a smaller part of the treatment unit (e.g., an individual or two siblings) for one or more sessions. These sessions should be seen by you as a part of the work that we are doing with the family or the couple, unless otherwise indicated. If you are involved in one or more of such sessions with us, please understand that generally these sessions are confidential in the sense that I will not release any confidential information to a third party unless I am required by law to do so, or unless I have your written authorization. In fact, since those sessions can and should be considered a part of the treatment of the couple or family, I would also seek the authorization of the other individuals in the treatment unit before releasing confidential information to a third party.

However, we may need to share information learned in an individual session (or a session with only a portion of the treatment unit being present) with the entire treatment unit---that is, the family or the couple, in order to effectively serve the unit being treated. We will use our best judgment as to whether, when, and to what extent we will make disclosures to the treatment unit, and we will also, if appropriate, first give the individual or the smaller part of the treatment unit being seen the opportunity to make the disclosure. Thus, if you feel it necessary to talk about matters that you absolutely want to be shared with no one, you might want to consult with an individual therapist who can treat you individually.

This “no secrets” policy is intended to allow The Family Connection, LLC couple/family therapist to continue to treat the couple or family by preventing, to the extent possible, a conflict of interest to arise where an individual’s interests may not be consistent with the interests of the unit being treated. For instance, information learned in the course of an individual session may be relevant or even essential to the proper

treatment of the couple or family. If we are not free to exercise our clinical judgment regarding the need to bring this information to the family or the couple during their therapy, we might be placed in a situation where we will have to terminate treatment of the couple or the family. This policy is intended to prevent the need for such termination.

By signing below, you, as members of the couple/family or other unit receiving treatment, acknowledge that each of you has read this policy, that you understand it, that you have an opportunity to discuss its contents with your therapist, and that you undertake couple/family therapy in agreement with this policy.

Signature \_\_\_\_\_  
Date \_\_\_\_\_

Signature \_\_\_\_\_  
Date \_\_\_\_\_



# Client Financial Responsibility Agreement

The Family Connection, LLC is committed to providing high quality mental health outpatient counseling. In order to do so, we expect payment at the time of service. The Family Connection, LLC will file insurance claims as a courtesy to those clients who are eligible for reimbursement through their insurance. However, the patient and/or financial/legal guardian are responsible for all fees associated with the services provided. We participate in many healthcare plans and work to provide each patient with a clear understanding of the patient’s financial responsibility for services provided. The patient should understand they are responsible for payments – these payments can be made by the patient directly, by the insurance company or by a combination of both. Below is a listing of the approximate fees that may be associated with your care:

<u>USUAL &amp; CUSTOMARY FEE SCHEDULE:</u>			
Initial Consultation .....	\$200.00	Family Psychotherapy with patient .....	\$175.00
Individual Therapy Session (16-37 minutes) .....	\$90.00	Family Psychotherapy without patient .....	\$170.00
Individual Therapy Session (38-52 minutes) .....	\$120.00	Group Psychotherapy (per visit) .....	\$55.00
Individual Therapy Session (53-60 minutes) .....	\$190.00	Psychotherapy for crisis, first 60 minutes ....	\$215.00
Evaluation of records (per/15 minutes) .....	\$60.00	Crisis code, each additional 30 minutes .....	\$115.00
Preparation for court (minimum of 2 hrs.) .....	\$250.00/hr.	Report preparation (per/15 minutes) .....	\$50.00
Records request .....	\$6.50 avg min, estimated upon receipt of written request, based on copying time, supplies & postage	Court testimony (first 2 hours) .....	\$500.00/hr.
		Court testimony (each additional hour).....	\$250.00/hr.

I acknowledge that I have read and understand my obligations regarding the various options for reimbursement of services received at The Family Connection, LLC by initialing below:

Cash Patient/Sliding Scale – I agree to pay the entire session fee (s) prior to services rendered. I agree to submit a complete, thorough and accurate reflection of my entire household income by submitting monthly paystubs etc, to determine financial eligibility for a discount on services. I understand that I am responsible for paying the entire session fee prior to services being rendered, in order to qualify for a sliding scale discount.

Insurance Policy Coverage/Centennial Care - I understand that I am financially responsible for any applicable deductible, co-insurance or co-pays associated with my policy. I understand that my insurance plan may have negotiated specific rates for services rendered and I would be responsible for the cost my specific insurance has identified, provided my insurance covers the service. Should services be denied, I understand that I am responsible for all fees associated with my account and my care. I understand that my plan may have certain restrictions with regard to





yearly visit limits, services covered, etc and understand that I am fully responsible for ensuring my insurance has the information they need to provide coverage for the claim.

Records Requests/Court Fees – I understand that I am responsible for all fees associated with records requests and/or court fees. I acknowledge that these fees will not be covered by my insurance policy.

## **FINANCIAL POLICY STATEMENT**

1. I understand that I am responsible for paying the full amount of each therapy session. TFC accepts cash, Visa, MasterCard, Discover and Health Savings Account cards as well as payments by check and debit cards. Payments may also be made in person and over the phone.
2. I understand that I may make a payment myself, use insurance, or use a combination of these two methods to pay.
3. TFC reserves a time slot especially for the patient. I understand that The Family Connection, LLC requires 24 hours' notice of cancellation of a scheduled session. Failure to cancel within this period will result in a charge for the session up to the billable amount of \$100/hour.
4. I understand that The Family Connection, LLC will file insurance claims as a **courtesy** to those clients who are eligible for reimbursement through their insurance. If my insurance plan includes a co-pay, I understand that I am responsible for paying the co-pay on the day of the session. If the co-pay amount changes, I understand that I am responsible for paying the new amount for all sessions covered by the change. If, at any time, my insurance company denies coverage, I understand that I am responsible for the full amount of the session(s) not covered by the insurance. I understand that if I have an insurance policy with an annual deductible, I may be responsible for the full amount of the session(s) until that deductible is met and that payment will be due at the end of each session. I understand that if the insurance company sends payment for services directly to myself, that balance must be sent or dropped off at The Family Connection at either the Rio Rancho or Los Lunas Office locations within 72 business hours of receipt.
5. I understand that I am responsible for notifying The Family Connection, LLC immediately of any changes in my insurance, including canceling a policy and/or plan changes. I also understand that I am responsible for paying all sessions according to those changes.
6. I understand that it is my responsibility to set up a payment plan as soon as possible, in the case there are financial difficulties interfering with my ability to pay. We will work with each client to create a suitable payment plan. The Family Connection expects that you adhere to the contract you establish and notify us if the payment contract would need to be renegotiated. We do utilize



the services of a collection agency. I understand that The Family Connection, will refer any balances over 60 days, not in a payment contract, to our collection agency and any fees associated with the collection agency, will be my responsibility. You agree to reimburse us the fees of any collection agency, which may be based on a percentage at a maximum of 50% of the debt, and all costs, and expenses, including reasonable attorney’s fees, we incur in such collection’s efforts. TFC reserves the right to require payment for services to be made at or before the time of service for outstanding balances over \$500. I further understand that TFC may refuse to see patients whose outstanding balances are over \$500, and who are not making regular payments on the balance.

- 7. I understand that The Family Connection believes that the issues you have brought to counseling are important. We ask that you participate in this counseling contract by keeping the appointments you schedule.
- 8. The parent/guardian is responsible for payment of services rendered to your dependents account. I understand that it is the policy of the Family Connection that in circumstances where the parents share legal custody that both parents shall be responsible for the payment of services provided their child. I agree to accept that responsibility for such payments.

*Attestation Statement:*

*I have read, understand, and agree to comply with The Family Connection, LLC Client Financial Responsibility Policy outlined above. I understand that I am responsible for all charges associated with my care, including but not limited to charges not covered by my insurance company, as well as applicable co-payments and deductibles. I acknowledge that these policies do not obligate The Family Connection, LLC to extend credit.*

*I authorize my insurance benefits to be paid directly to The Family Connections, LLC.*

*I authorize The Family Connection, LLC to release pertinent information to my insurance company when requested or to facilitate the payment of a claim.*

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Patient / Responsible Party Print Date

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Patient / Responsible Party Signature Date



Patient Name \_\_\_\_\_ DOB \_\_\_\_\_

## Clients’ Rights and Responsibilities

- You have a **right** to receive information about The Family Connection, LLC services, therapists, treatment guidelines and your rights and responsibilities.
- You have a **right** to be treated with dignity and respect.
- You have a **right** to privacy and confidentiality. I understand that during couple’s sessions confidentiality goes to the couple unit.
- You have a **right** to participate with your therapist in making decisions about your treatment planning.
- You have a **right** to access supports outside of your counseling appointments, such as the use of 911 in emergencies or the 24/7 NM Crisis & Access Line at 1-855-662-7474, a free and confidential support service
- You have a **right** to voice complaints about The Family Connection and/or the care provided to you.
- You have a **right** to make recommendations regarding these “Clients’ Rights and Responsibilities”.
- You have a **responsibility** to provide, to the extent possible, information that The Family Connection, LLC and its therapists need in order to care for you.
- You have a **responsibility** to follow the plans and instructions that you have agreed upon with your therapist.
- You have a **responsibility** to participate, as much as possible, in understanding your behavioral health problems and developing mutually agreed-upon treatment goals.
- You have a **responsibility** to cancel your appointments with a minimum of 24-hour notice.
- You have a **responsibility** to notify and work with your therapist regarding any concerns of safety to yourself or others, including following through on agreed upon safety contracts.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_



Patient Name \_\_\_\_\_ DOB \_\_\_\_\_

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Signature \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_



## Behavioral Health Release of Medical Information for Care Coordination with PCP

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Parent/Legal Guardian Name (if applicable): \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

The current health care system is complicated. When patients get care, they may interact with any number of providers across multiple settings and if health care providers don't coordinate with each other, the consequences can be harmful to the patient. As a community provider we aspire to ensure that you get the best quality care, which includes providing you the opportunity to allow your care to be coordinated with your primary care provider. Please complete the form below to advise us what information, if any, you would like shared with your primary care provider.

**I DO NOT authorize** information about my physical/behavioral health treatment to be released

**I authorize** The Family Connection, LLC to use and disclose the protected health information as indicated below:

- All health records related to drug/alcohol/substance abuse
- All health records related to emotional/mental/developmental disabilities/psychiatric conditions (**excludes psychotherapy notes**)
- Other: \_\_\_\_\_

Release of medical information from/to The Family Connection LLC to/from my:

Primary Care Physician: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I understand that this medical information may be used to coordinate my care.

I understand that I may cancel this authorization, in writing, at any time. I understand that my health care providers may have already released records according to this authorization prior to receiving my notice of cancellation. I understand that this will remain in effect until the end of treatment unless a date of expiration is indicated here: \_\_\_\_\_

I understand that my treatment, payment, enrollment, or eligibility for benefits will not be conditioned on whether I sign this authorization.

I understand that this information used or disclosed pursuant to this authorization may be disclosed by the recipient and may no longer be protected by federal or state law.

\_\_\_\_\_  
**Signature of patient or personal representative**

\_\_\_\_\_  
**Date**



## Behavioral Health Release of Medical Information for Care Coordination with PCP

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Parent/Legal Guardian Name (if applicable): \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

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---

Signature of patient or personal representative

---

Date



**THE FAMILY CONNECTION**<sup>TM</sup>  
CHANGING MENTAL HEALTH  
**Symptom Distress Scale**

During the last seven (7) days, about how much were you distressed or bothered by:

	Not at All	A Little Bit	A Moderately	Quite A Bit	Extremely
a. Nervousness or shakiness inside.....	1	2	3	4	5
b. Being suddenly scared for no reason.....	1	2	3	4	5
c. Feeling fearful.....	1	2	3	4	5
d. Feeling tense or keyed up.....	1	2	3	4	5
e. Spells of terror or panic.....	1	2	3	4	5
f. Feeling so restless you couldn't sit still.....	1	2	3	4	5
g. Heavy feeling in arms or legs.....	1	2	3	4	5
h. Feeling afraid to go out of your home alone.....	1	2	3	4	5
i. Feeling worthless.....	1	2	3	4	5
j. Feeling lonely even when you are with people...	1	2	3	4	5
k. Feeling weak in parts of your body.....	1	2	3	4	5
l. Feeling blue.....	1	2	3	4	5
m. Feeling lonely.....	1	2	3	4	5
n. Feeling no interest in things.....	1	2	3	4	5
o. Feeling afraid in open spaces or on the street.....	1	2	3	4	5
ADD ALL COLUMNS					
	TOTAL (min: 15, max:				

Client Name	DOB	SS#	Date
Scored by	Title	Date Scored	

For Office Use Only:  
Scoring: Items rated 3 or higher are considered to indicate serious distress. A total summed score of 25 or above indicated moderate distress; Scores of 33 or above indicate severe distress that requires immediate intervention



# THE FAMILY CONNECTION™

CHANGING MENTAL HEALTH

## Symptom Distress Scale

During the last seven (7) days, about how much were you distressed or bothered by:

	Not At All	A Little Bit	A Moderately	Quite A Bit	Extremely
a. Nervousness or shakiness inside.....	1	2	3	4	5
b. Being suddenly scared for no reason.....	1	2	3	4	5
c. Feeling fearful.....	1	2	3	4	5
d. Feeling tense or keyed up.....	1	2	3	4	5
e. Spells of terror or panic.....	1	2	3	4	5
f. Feeling so restless you couldn't sit still.....	1	2	3	4	5
g. Heavy feeling in arms or legs.....	1	2	3	4	5
h. Feeling afraid to go out of your home alone.....	1	2	3	4	5
i. Feeling worthless.....	1	2	3	4	5
j. Feeling lonely even when you are with people...	1	2	3	4	5
k. Feeling weak in parts of your body.....	1	2	3	4	5
l. Feeling blue.....	1	2	3	4	5
m. Feeling lonely.....	1	2	3	4	5
n. Feeling no interest in things.....	1	2	3	4	5
o. Feeling afraid in open spaces or on the street.....	1	2	3	4	5
ADD ALL COLUMNS					TOTAL (min: 15, max: <input type="text"/> )

Client Name	DOB	SS#	Date
Scored by	Title	Date Scored	

For Office Use Only:  
 Scoring: Items rated 3 or higher are considered to indicate serious distress. A total summed score of 25 or above indicated moderate distress; Scores of 33 or above indicate severe distress that requires immediate intervention



Name:

DOB:

**Adult Depression Screening Form**

**Zung Depression Self-Rating Scale®**

INSTRUCTIONS Please fill in one response for each of the 20 statements below based upon how you have been feeling over the past two weeks or longer. Then, please respond to the free-standing statement after item 20.

	None or a Little of the Time	Some of the Time	Good Part of the Time	Most or All of the Time	Item Rating
1. I feel downhearted, blue, and sad.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
2. Morning is when I feel best.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
3. I have crying spells or feel like it.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
4. I have trouble sleeping through the night.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
5. I eat as much as I used to.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
6. I enjoy looking at, talking to, and being with attractive women/men.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
7. I notice that I am losing weight.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
8. I have trouble with constipation.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
9. My heart beats faster than usual.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
10. I get tired for no reason.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
11. My mind is as clear as it used to be.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
12. I find it easy to do the things I used to do.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
13. I am restless and can't keep still.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
14. I feel hopeful about the future.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
15. I am more irritable than usual.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
16. I find it easy to make decisions.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
17. I feel that I am useful and needed.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
18. My life is pretty full.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
19. I feel that others would be better off if I were dead.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
20. I still enjoy the things I used to do.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
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					SDS INDEX

**Patient Signature**

	None or a Little of the Time	Some of the Time	Good Part of the Time	Most or All of the Time
I have recently thought of, or am currently thinking of, suicide.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Name:

DOB:

**Adult Depression Screening Form**

**Zung Depression Self-Rating Scale®**

INSTRUCTIONS: Please fill in one response for each of the 20 statements below based upon how you have been feeling over the past two weeks or longer. Then, please respond to the free-standing statement after item 20.

	None or a Little of the Time	Some of the Time	Good Part of the Time	Most or All of the Time	Item Rating
1. I feel downhearted, blue, and sad.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
2. Morning is when I feel best.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
3. I have crying spells or feel like it.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
4. I have trouble sleeping through the night.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
5. I eat as much as I used to.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
6. I enjoy looking at, talking to, and being with attractive women/men.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
7. I notice that I am losing weight.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
8. I have trouble with constipation.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
9. My heart beats faster than usual.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
10. I get tired for no reason.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
11. My mind is as clear as it used to be.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
12. I find it easy to do the things I used to do.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
13. I am restless and can't keep still.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
14. I feel hopeful about the future.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
15. I am more irritable than usual.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
16. I find it easy to make decisions.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
17. I feel that I am useful and needed.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
18. My life is pretty full.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
19. I feel that others would be better off if I were dead.	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	
20. I still enjoy the things I used to do.	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	
© WWW Zung, 1965, 1974, 1989, 1991. All rights reserved.					RAW SCORE
					SDS INDEX

**Patient Signature**

	None or a Little of the Time	Some of the Time	Good Part of the Time	Most or All of the Time
I have recently thought of, or am currently thinking of, suicide.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Marital Questionnaire

Name \_\_\_\_\_ Date \_\_\_\_\_

ADDRESS \_\_\_\_\_

*Please answer each question to the best of your ability. The information will be used to help and not to hurt:*

1. How long have you been married? \_\_\_\_\_

2. Do you have children  No  Yes If so, please list names and ages:

\_\_\_\_\_  
\_\_\_\_\_

3. How did you and your spouse meet?

\_\_\_\_\_  
\_\_\_\_\_

4. What attracted you to each other?

\_\_\_\_\_  
\_\_\_\_\_

5. List five things you like about your mate.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

6. List five things your mate does that irritate you.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

7. Currently, what is the most serious threat to your marriage?

\_\_\_\_\_  
\_\_\_\_\_

8. What have you previously tried to do to help solve this problem?

\_\_\_\_\_  
\_\_\_\_\_

9. When did you first notice problems of a serious nature?

\_\_\_\_\_  
\_\_\_\_\_

10. Do you wish to please your spouse?

- Yes  No  Part of the time

**11. List five things you could do to please your spouse.**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

**12. List five things your spouse could do to please you.**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

**13. How do you typically try to solve marital problems?**

---

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**14. What fantasies did you have of marriage before you got married?**

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---

**15. List the highlights of a recent fuss you have had with your mate.**

---

---

**16. What could you have done differently to help solve it?**

---

---

**17. What were you saying to yourself during the fuss? (I'll... I'll show her... He'll be sorry now... I don't have to take that... I'm no good; I'll make him feel sorry for me....)**

---

---

**18. Write down a solution for this problem that you are willing to live with.**

---

---

---

**19. What could you do to help your mate change behaviors that are offensive to you?**

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**20. Please complete the following MARITAL PROBLEM CHECKLIST by circling the appropriate number:**

PROBLEM	SERIOUSNESS OF PROBLEM				
	Not at all		Somewhat serious		Extremely Serious
a. Communication	1	2	3	4	5
b. Sex	1	2	3	4	5
c. Religion	1	2	3	4	5
d. Money	1	2	3	4	5
e. In-laws	1	2	3	4	5
f. Friends	1	2	3	4	5
g. Alcohol and/or Drugs	1	2	3	4	5
h. Children	1	2	3	4	5
i. Roles	1	2	3	4	5
j. Romance	1	2	3	4	5
k. Recreation	1	2	3	4	5
l. Other (specify)	1	2	3	4	5

21. Which problem do you wish to work on first? \_\_\_\_\_

a. What is the problem as you see it?

\_\_\_\_\_

\_\_\_\_\_

b. List every possible solution you can think of:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

c. State solutions to the problem that you are willing to live with.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

22. If my mate were an animal, he/she would most likely be a \_\_\_\_\_

23. Please list other things about yourself or your spouse you would like to tell us in order for us to understand you better and to be of maximum help to you:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Please answer each question to the best of your ability. The information will be used to help and not to hurt:*

24. How long have you been married? \_\_\_\_\_

25. Do you have children  No  Yes If so, please list names and ages:

---

---

26. How did you and your spouse meet?

---

---

27. What attracted you to each other?

---

---

28. List five things you like about your mate.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

29. List five things your mate does that irritate you.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

30. Currently, what is the most serious threat to your marriage?

---

---

31. What have you previously tried to do to help solve this problem?

---

---

32. When did you first notice problems of a serious nature?

---

---

33. Do you wish to please your spouse?

- Yes  No  Part of the time

**34. List five things you could do to please your spouse.**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

**35. List five things your spouse could do to please you.**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

**36. How do you typically try to solve marital problems?**

---

---

**37. What fantasies did you have of marriage before you got married?**

---

---

**38. List the highlights of a recent fuss you have had with your mate.**

---

---

**39. What could you have done differently to help solve it?**

---

---

**40. What were you saying to yourself during the fuss? (I'll... I'll show her... He'll be sorry now... I don't have to take that... I'm no good; I'll make him feel sorry for me....)**

---

---

**41. Write down a solution for this problem that you are willing to live with.**

---

---

---

**42. What could you do to help your mate change behaviors that are offensive to you?**

---

---

---

---

43. Please complete the following MARITAL PROBLEM CHECKLIST by circling the appropriate number:

PROBLEM	SERIOUSNESS OF PROBLEM				
	Not at all		Somewhat serious		Extremely Serious
m. Communication	1	2	3	4	5
n. Sex	1	2	3	4	5
o. Religion	1	2	3	4	5
p. Money	1	2	3	4	5
q. In-laws	1	2	3	4	5
r. Friends	1	2	3	4	5
s. Alcohol and/or Drugs	1	2	3	4	5
t. Children	1	2	3	4	5
u. Roles	1	2	3	4	5
v. Romance	1	2	3	4	5
w. Recreation	1	2	3	4	5
x. Other (specify)	1	2	3	4	5

44. Which problem do you wish to work on first? \_\_\_\_\_

a. What is the problem as you see it?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

b. List every possible solution you can think of:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

c. State solutions to the problem that you are willing to live with.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

45. If my mate were an animal, he/she would most likely be a \_\_\_\_\_

46. Please list other things about yourself or your spouse you would like to tell us in order for us to understand you better and to be of maximum help to you:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_





# Electronic Communication Consent by Non-secure Transmission

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_

CELL #: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**This consent form is for the communication of Protected Health Information (“PHI”) that The Family Connection LLC may transmit, without the written authorization of the client, as described in the Uses and Disclosures section of The Family Connections Notice of Privacy Practices.**

It may become useful during the course of treatment to communicate by email, text message (e.g. “SMS”) or other electronic methods of communication. Please be informed that these methods, in their typical form, are not confidential means of communication. If you use these methods to communicate with The Family Connection LLC there is a reasonable chance that a third party may be able to intercept and eavesdrop on those messages. The kinds of parties that may intercept these messages include, but are not limited to:

- People in your home or other environments who can access your phone, computer, or other devices that you use to read and write messages.
- Your employer, if you use your work email to communication with The Family Connection LLC.
- Third parties on the Internet such as server administrators and others who monitor Internet traffic.

## CONSENT FOR TRANSMISSION OF PROTECTED HEALTH INFORMATION BY NON-SECURE MEANS

I, \_\_\_\_\_, hereby consent and authorize The Family Connection LLC to communicate my PHI through the following non-secure transmissions (please initial all of your choices):

\_\_\_\_\_ Cellular/Mobile Phone, including text messages

\_\_\_\_\_ Unsecured Email



I, \_\_\_\_\_, consent and authorize The Family Connection LLC to transmit the following PHI by the above selected electronic communications (please initial all of your choices):

- \_\_\_\_\_ Information related to scheduling/appointments
- \_\_\_\_\_ Information related to billing & payments
- \_\_\_\_\_ Information related to your mental health treatment (this may contain personal materials, forms, suggested articles, homework, etc.)
- \_\_\_\_\_ My health record, in part or in whole, or summaries of material from my health record.
- \_\_\_\_\_ Other information; Please describe: \_\_\_\_\_

I further understand that if I initiate communication via electronic means that I have not specifically consented to in this form, I will need to amend this consent form so that my therapist may communicate with me via that method.

I have been informed of the risks, including but not limited to my confidentiality in treatment, of transmitting my protected health information by unsecured means. I understand that I am not required to sign this agreement in order to receive treatment. I also understand that I may terminate this consent, in writing, at any time.

\_\_\_\_\_  
client, parent or guardian      Date      \_\_\_\_\_ Signature of

\* Please complete **only** if you **DO NOT** consent to the above non-secure communication means:  
I, \_\_\_\_\_, **DO NOT** consent to the transmission of PHI via unsecure means but would rather receive information about communication through a secure portal.  
\_\_\_\_\_ (Please      e initial)



# Electronic Communication Consent by Non-secure Transmission

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_

CELL #: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**This consent form is for the communication of Protected Health Information (“PHI”) that The Family Connection LLC may transmit, without the written authorization of the client, as described in the Uses and Disclosures section of The Family Connections Notice of Privacy Practices.**

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- People in your home or other environments who can access your phone, computer, or other devices that you use to read and write messages.
- Your employer, if you use your work email to communication with The Family Connection LLC.
- Third parties on the Internet such as server administrators and others who monitor Internet traffic.

## CONSENT FOR TRANSMISSION OF PROTECTED HEALTH INFORMATION BY NON-SECURE MEANS

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\_\_\_\_\_ Unsecured Email

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- \_\_\_\_\_ Information related to scheduling/appointments
- \_\_\_\_\_ Information related to billing & payments
- \_\_\_\_\_ Information related to your mental health treatment (this may contain personal materials, forms, suggested articles, homework, etc.)
- \_\_\_\_\_ My health record, in part or in whole, or summaries of material from my health record.
- \_\_\_\_\_ Other information; Please describe: \_\_\_\_\_

I further understand that if I initiate communication via electronic means that I have not specifically consented to in this form, I will need to amend this consent form so that my therapist may communicate with me via that method.

I have been informed of the risks, including but not limited to my confidentiality in treatment, of transmitting my protected health information by unsecured means. I understand that I am not required to sign this agreement in order to receive treatment. I also understand that I may terminate this consent, in writing, at any time.

\_\_\_\_\_  
Signature of client, parent or guardian

\_\_\_\_\_  
Date

\* Please complete **only** if you **DO NOT** consent to the above non-secure communication means:  
I, \_\_\_\_\_, **DO NOT** consent to the transmission of PHI via unsecure means but would rather receive information about communication through a secure portal.  
\_\_\_\_\_ (Please initial)